



Zumba and Yoga Club

When/Where: Wednesday's from 3:00-4:00 in Room 102

Contact information: Austin.tori@frank-academy.org

Who can join? K- 5th Graders

Dates: January	16, 30	\$20
February	13, 27	\$20
March	6, 27	\$20
April	10, 24	\$20
May	1, 8, 15, 22	\$40

Description: A fun one hour kids Yoga and Zumba with Ms. Austin using creative movement and yoga postures to enhance focus, self-confidence, flexibility, and coordination. The Zumba Club will help students to develop a healthy lifestyle while having fun. It will incorporate fitness as a natural part of life, while learning how to dance to favorite music. Bring your smile and imagination.

This club MUST be paid in full each month and may not be paid class by class. There will be no refunds if you miss a session, unless I personally cancel a session.

Club payments are by check or money order only (not online) and should include your child's name and homeroom teacher in the memo line.

Club payments are due the 25th of the month prior unless noted otherwise.

